



## ATTENTIVENESS IS THE ABILITY TO GIVE YOUR UNDIVIDED ATTENTION TO ONE THING

Write down three ways that you showed attentiveness by giving your undivided attention to someone or something; first, at the studio, then, at school or work, and finally, at home:

At the studio: \_\_\_\_\_

\_\_\_\_\_

At school or work: \_\_\_\_\_

\_\_\_\_\_

At home: \_\_\_\_\_

\_\_\_\_\_

How does your level of attentiveness demonstrate what is important to you?

\_\_\_\_\_

\_\_\_\_\_

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What is usually the result of giving your attention to two or more things at once?

\_\_\_\_\_

\_\_\_\_\_

List five things you should pay close attention to in your life:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_



"Hear, my children, the instruction of a father;  
give attention, that you may have knowledge."

- Proverbs 4:1

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