



“Whoever has no rule over his own spirit is like a city broken down, without walls.”

- Proverbs 25:28

# SELF-CONTROL

**The ability to control your behavior or impulses.**

*I WILL show Self-Control by:*

- 1. Keeping my hands to myself.*
- 2. Not talking back to my parents.*
- 3. Not grabbing at things that aren't mine.*
- 4. Not complaining when things don't go my way.*
- 5. Think before I speak or do something.*