



PATIENCE MEANS YOU ARE ABLE TO WAIT YOUR TURN, OR BEAR PAIN OR TRIAL WITHOUT COMPLAINING.

Write down three ways you showed patience by waiting your turn for something without complaining about it; first, at the studio, then, at school or work, and at home:

At the studio: _____

At school or work: _____

At home: _____

How does developing patience affect your ability to deal with other people?

How does your time management affect your need for patience?



List five ways that you can demonstrate better patience:

1. _____
2. _____
3. _____
4. _____
5. _____

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ORANGE BELT
WORKSHEET

“When your faith is tested, your patience has a chance to grow. So let it grow, for when your patience is fully developed, you will be strong in character and ready for anything.”

- James 1:3-4 NLT

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