



TRUTHFULNESS MEANS THAT YOU ARE OPEN, HONEST AND ACCURATE IN YOUR STATEMENTS

Write down three ways that you showed truthfulness by being honest even when it wasn't easy or comfortable; first, at the studio, then, at school or work, and finally, at home:

At the studio: _____

At school or work: _____

At home: _____

Is it possible to be too truthful? What is the relationship between truthfulness and candor?

How does exaggeration affect others?

List five reasons why you should be truthful:

1. _____

2. _____

3. _____

4. _____

5. _____



6

ORANGE BELT
WORKSHEET

"Therefore, putting away lying, "Let each one of you speak truth with his neighbor," for we are members with one another." - Ephesians 4:25

Shepherd-Warrior Martial Arts
1212 Grand Ave, Ste. 11
Billings, MT 59102
(406) 591-2864
www.shepherdwarriormartialarts.com