



## KINDNESS MEANS DOING NICE THINGS FOR OTHERS OUT OF A HEART OF SERVICE TOWARD THEM.

Write down three ways that you showed kindness by serving the needs of someone else; first, at the studio, then, at school or work, and finally, at home:

At the studio: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

At school or work: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

At home: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why should you expect nothing in return when you show a kindness?

\_\_\_\_\_  
\_\_\_\_\_

Why are we instructed in the bible to pay back evil with good?

\_\_\_\_\_  
\_\_\_\_\_



List five people in your life that you will show kindness to this month:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

“Make sure that nobody pays back one wrong act with another. Always try to be kind to each other and to everyone else.” - 1 Thessalonians 5:15

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6

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