

# Chi-Tu Do (Warriors & Adults)

## Required Reading List

Amazon Price (as of Jan 2017)

For Orange Belt (Read it while you are a White Belt):

*God is a Warrior, I am a Warrior: Understanding the Martial Aspects...* Paperback \$11.99  
by Brian Cummings, 2013, CreateSpace Indep. Publish. Not Yet Available on Kindle

For Purple Belt (Read it while you are an Orange Belt):

*Bulletproof: The Making of an Invincible Mind* Paperback \$13.99  
by Chuck Holton, 2005, Multnomah Books Available on Kindle \$11.99

For Green Belt (Read it while you are a Purple Belt):

*Fighting Science: The Laws of Physics for Martial Artists* Paperback \$15.25  
by Martina Sprague, 2002, Turtle Press Not Available on Kindle

For Blue Belt (Read it while you are a Green Belt):

*Verbal Judo: The Gentle Art of Persuasion* Paperback \$12.07  
by George Thompson, 2004, Harper Collins Available on Kindle \$9.99

For Brown Belt (Read it while you are a Blue Belt):

*Sharpening the Warrior's Edge: The Psychology & Science of Training* Paperback \$32.62  
by Bruce K. Siddle, 1995, PPCT Research Publications Not Available on Kindle

For Black Belt (Read it while you are a Brown Belt):

*Deadly Karate Blows: The Medical Implications* Paperback \$5.09  
by Brian Adams, Reprinted 2005, Unique Publications Not Available on Kindle

For 2<sup>nd</sup> Degree Black Belt:

*The Art of War: The Definitive Interpretation...* Paperback \$10.26  
by Stephen F. Kaufman, 1996, Tuttle Publishing Available on Kindle \$9.39

*Musashi's Book of 5 Rings: The Definitive Interpretation...*

by Stephen F. Kaufman, 1994, Tuttle Publishing Paperback \$10.86  
Available on Kindle \$9.39

For 3<sup>rd</sup> Degree Black Belt:

*The 21 Irrefutable Laws of Leadership* Hardcover \$18.08  
by John C. Maxwell, Revised 2007, Thomas Nelson Available on Kindle \$14.29

*Developing the Leader Within You*

by John C. Maxwell, 2005, Thomas Nelson Paperback \$12.68  
Available on Kindle \$9.89

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